

TABLE OF CONTENTS – Physical Therapy and Massage for the Dog

Introduction to Physical Therapy and Massage, *Julia Robertson and Andy Mead*

Introduction

A brief History of Massage

Current practice

Anatomy and Physiology, *Julia Robertson and Andy Mead*

Introduction

Skeletal System

Muscular System

Fascia

Nervous System

Other Systems

Comparative Human and Canine Anatomy

How a Dog Moves, *Julia Robertson*

Introduction

Muscle placement and action

Initiation of movement

Development of the puppy

Exercise and Activity Preparation, *Julia Robertson and Meg Robertson*

Exercise and Conditioning

Performance Areas and Their Stresses

Warming Up and Warming Down

Warm-Up and Warm-Down for the Handler

Rehabilitation Techniques, *Julia Robertson*

Introduction

Exercising

Passive movement

Hydrotherapy

Massage in Physical Therapy, *Julia Robertson*

Introduction to Massage

Massage Methodology

Massage Application

Massage Techniques

Assessment of the Dog

Treatment

Contraindications for Canine Massage

Common Diseases and Pathologies, *Andy Mead and Julia Robertson*

Investigation of Canine Lameness

Common Joint Diseases Causing Lameness

Disorders of Muscles and Tendons

Neoplasia

Spinal Disease

Peripheral Neurological Disease

Glossary of Terms

Further Reading

Appendix - The Muscles of the Dog – Their Placement and Actions

Index.